

The Scottish Canoe Association is offering beginners **hugely discounted introductory sessions** in canoeing and kayaking as part of the year of Active Scotland 2011 on 8/9 and 15/16 October.

It's a fantastic way to get active and experience what the great Scottish outdoors has to offer.

The half day sessions are delivered by SCA approved centres across Scotland – for further details and to book your space see www.canoescotland.org



YEAR OF ACTIVE SCOTLAND 2011 **go canoeing**



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